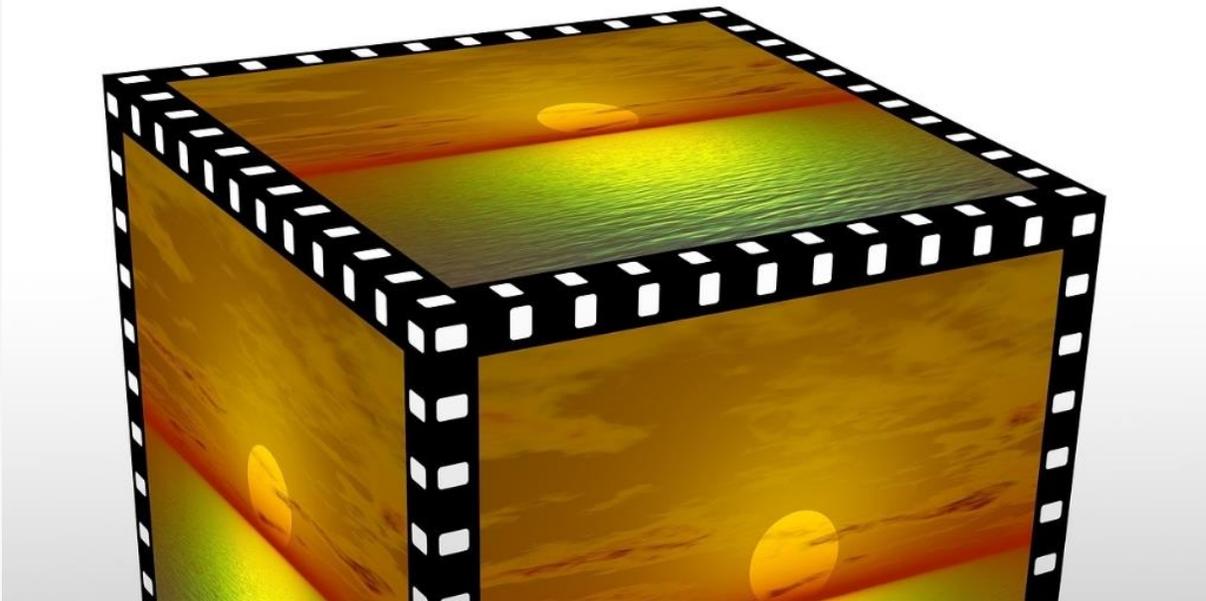


Writing Your Ideal Scene Assignment



Instructions:

The idea behind writing your ideal scene is to create as sharp a picture as you can of the life you would be living in your dream. In the scene, you want to cover a typical day in your dream life, written from the present tense, as if you were already living your dream. Start from the moment you wake up in the morning to the time you go to bed.

Include who you are, what you do, who is in the dream with you, and describe in detail everything you see and do, using all 5 senses to make what you see as vivid as possible.

It is important to include every detail you can think of. I know my original Idea scene was well over 6 pages. The more detail you can include the better your Vision Statement will be.

Use all your five senses in creating the vision of the life you would love to live. Color is important, describe the colors you

see as you wake up. The golden light as the sun rises. Write about the smells: coffee brewing, the lavender scent on the air, the smell of the ocean outside your window. What do you hear? Birds chirping. The rustle of your bedroom curtains glowing out in the fresh breeze. The faraway bark of a dog. Taste of the food you have for breakfast. Feel, the soft carpet on your bare feet as you rise to greet the new day.

You get the picture...well it's your picture to create. You don't have to write it all at once, and it's good to go back and update it at least once a quarter.

The more clarity you bring to your pictured ideal scene, the more vivid the images the more you will use that vision to drive your achievement and success.

Not a writer?

Don't worry about the fine points, the grammar or the spelling. You are after a solid vision that shines in your mind.

Don't skimp on this. Your dream is, or at least should be, your life.

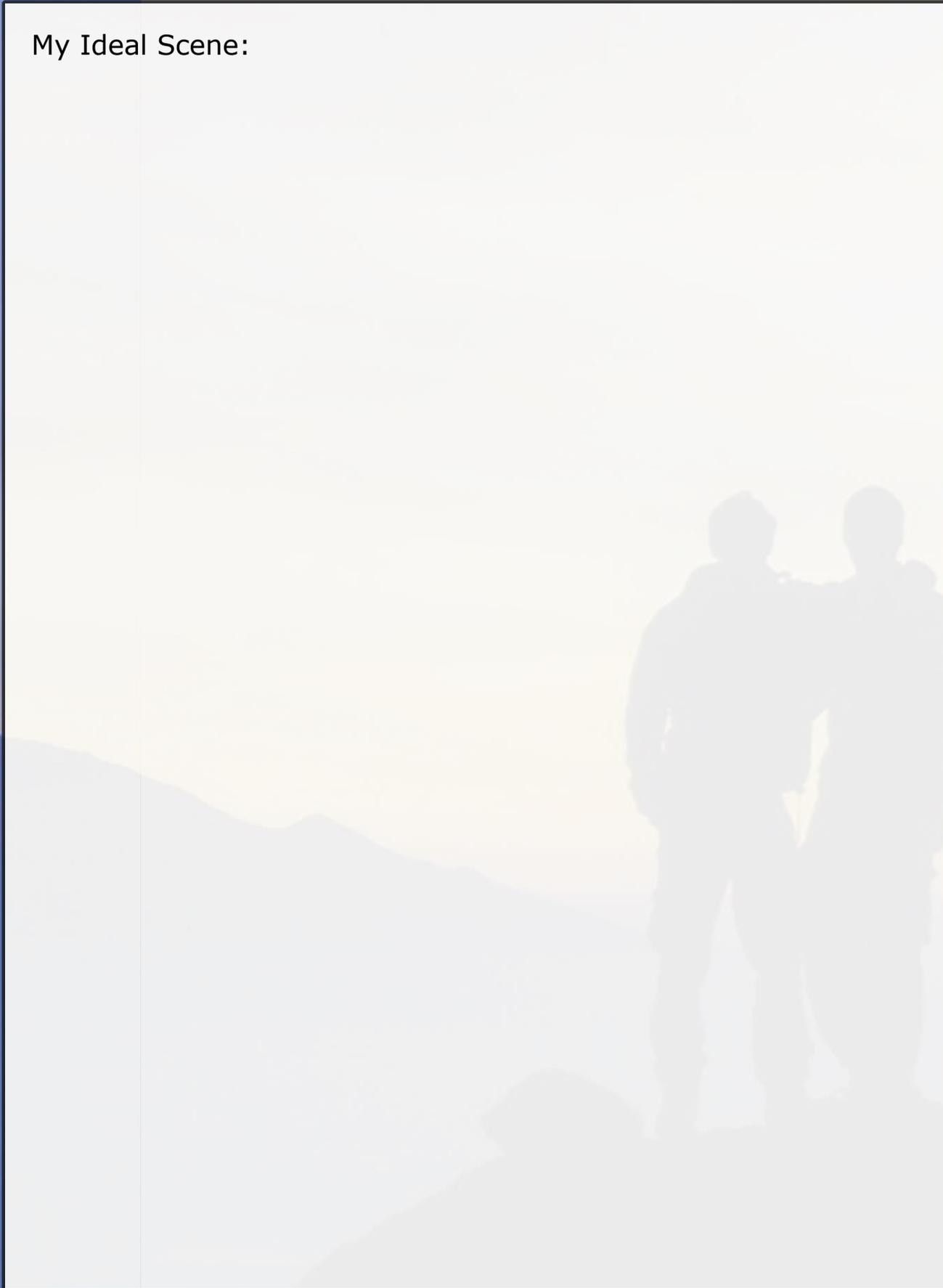
I do a regular seminar on dream building and offer you tools to build your dream. Writing your ideal scene is a first step to creating your vision statement.

One last thing: dream big, live inspired.

The following pages are for you to write out your ideal scene.

Nick Grimshawe

My Ideal Scene:





Nicholas
Grimshaw.com





Nicholas
Grimshaw.com

